

## Anidra Traineeship

**Mentor for professional activities:** Tobias Solomon Santi

**Erasmus Trainee:** Sebastian Ionel Vatamanu

**Host Institute:** Università Popolare Anidra

**Period:** 1<sup>st</sup> June – 31<sup>st</sup> July 2019

**Number of Hours:** 291 (158 professional; 133 job-related)

## Training Plan

### TARGET

This training plan has as target the acquisition of technical and professional competences in the field of Agriculture. The path within the Anidra People's University envisages also the development of job-related/transversal skills through the inclusion of the trainee in the daily life of Centroanidra, Anidra Campus and Anidagri. The transversal nature of key competences makes them essential for future employment, social cohesion of young people, permanent source of learning in terms of adaptation and integration capabilities.

### THE ANIDRA METHOD FOR THE EVALUATION OF COMPETENCES, NON-FORMAL AND INFORMAL LEARNING

According to the EUROPEAN GUIDELINES for validating non-formal and informal learning of CEDEFOP<sup>1</sup>, validating non-formal and informal learning is increasingly seen as a way to improve lifelong and life wide learning. The informal learning results from daily activities related to work, relationship with staff members of Centroanidra, leisure activities, and participation to residential seminars of Università Popolare Anidra. The center of the validation process is the individual, and the impact of the traineeship on the individual. Sharing experiences and the full functioning of a community is a part of the development programme for trainees. The interaction between trainee's mentors and the teachers of Anidra, the immersion in a natural environment, and the immersion in a multicultural, multi-vocational environment, led to an alternative way of validation.

We herewith state that guidance, counseling and information about these systems and approaches have been provided; external observers participated to the training activities as external auditor and observers.

The vocational activities are both practical and theoretical. Theoretical activities involve the writing of daily reports: the trainee with the student's tutor of Anidra wrote this final essay about procedures, data and analysis.

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<sup>1</sup> European Centre for the Development of Vocational Training

**The evaluation of competences considers the use of the following factors:**

1. Direct observation by the Anidra and Anidagri mentor of the relationships and learning activities in order to obtain an evaluation of behaviors and their variability depending on the work context
2. Observational context, i.e. definition of the aspects that have been explored, preparation and organization in the most effective way to pursue the objectives of the researcher
3. The observer has assumed the role of guide and identified the subject to observe: aspects of character and skills acquired during the training

**Tools of validation:**

1. Observational table: set of behavioral descriptions related to specific reports, used to notice the phase of development skills
2. Q-Sort method: technique that uses a set of predefined item to evaluate specific aspects of conduct
3. Sociometric techniques: the indicator of social competence is the position occupied by the individual within the working group
4. Evidence, simulation, tests, final essay

## Final Essay

### Professional Activities (Referee Prof. Tobias ):

- 1. Pilot project:** The Pilot Project was to learn more things about organic agriculture, I learned that in Liguria the Agriculture is made with a lot of physical work, because of the land, it is hard access to work with tractors, the soil is not very fertile but with manure and irrigation you can have some good organic products people usually are growing vegetables. It is more about Horticulture's, roses are a specific culture, and the organic roses marmalade is a Ligurian Brand. It is a quite good business, from a small surface you can have some good profits, I collected the petals so I observed that you need people to collect them manual, if you have to pay them your profit is reduced drastically but it is a good idea that are coming Erasmus Students and volunteers to collect them for free so the profit is bigger. I have discovered here the words soft skills, sometimes are not that soft how it sound. I think that I have develop them a lot, I can't wait to put them in practice one day. I think that patience is the biggest one of them, by developing this soft skill I discovered that I am stronger than I believed mentally and physically. I accepted to perform jobs that I did not like, or that were out of my activity domain and I realized that I am capable of many things and I think that every work that I have done was with a good result. When I came here I had more expectation about agriculture but it was not too much, but instead I had a lot of other activities that probably will help me in future, maybe I don't feel the benefit of doing them now. By observing how is organizing a business like this I stole some ideas that will help me when I will have my own business. About culture and lifestyle that I discovered here it is not my type, also the food it is more suitable for vegans and vegetarians, I don't say that is bad, but I like to much the lifestyle and the culture of Romania so it is impossible for me to find something better. It was a good opportunity for me to learn a new language. I am planning to continue to study Italian in Romania because I gained some notions. I had the chance to meet people coming from different places in the world, discover their culture and finally to discover that we are not that different as I thought. Also my English improved and the and communication skills because in the first days I was working with Mister Giorgio and he speaks only Italian (Genovese), so I had to adapt and to try understand what was the job that we have to do. I think that the result was very good, because the garden looks amazing. Without a good communication the results would not be the same.

### Transversal Activities (Referee Giovanni Simonelli):

- 2. Outdoor activities:** Moving tables, benches, installing wedding tents, collecting and transporting grass, collecting plants for wedding decoration, learning craft things and what are the steps for organization an event.

**Acquisition of key competences of European citizenship:** Communication in another language was the most developed key competence, Mathematical competences and basic competences in science and technology not to much only when I had to make the rose syroup, digital competences were not my domain of activity, learning to learn was a necessary competence in

order to perform a job as good as possible so it was something that I had to gain, and I think that I managed to do it.

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4. **Learning and practice of the Italian language:** Every day by working with people that don't speak other languages, and also during the Italian classes that we had with Giulia.

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5. **Inclusion in the daily tasks of the circuit Centroanidra residents (rota&jobs, emergency management) in order to acquire soft skills:**

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6. **Contact with professionals in the field of interest who provided to the trainees their knowledge:** Giorgio provided us information about agriculture, most of them were practice demonstrations. Even he has not a diploma in this domain, he did a great job and he has all my respect.

7. **Performance of tasks and assignments that can be inserted in the CV:**

Soft skills, capability to do things from other domain of activity.

**Rota&Jobs (Referee Antonella Tarditi):**

**Corvée:** The job that I hated most, I still don't see the productive part of it, except in the developing patience and being able to finish a job that you don't like just because you have to.

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**Extra activities - visits to companies and workshops:**

Making- Marmelade - I had the chance to see a factory when I transported syrup.

## KEY COMPETENCES

The trainee has acquired the eight key competences of the European Union framework:

1. **Communication in mother tongue:** No
2. **Communication in foreign languages:** Yes, Italian and English
3. **Competences in math, science and technology:** NO
4. **Digital competences:** NO

**Learning to learn:** Yes, learning to learn it was a necessary competence in order to do a job as good as possible so it was something that I had to gain, and I think that I managed to do it.

### **Interpersonal, intercultural and social competences, civic competence:**

Yes, sharing the space with people from different cultures was the main point, we found things about our culture history and also we had to find ways to understand each other so I can say that it is civic competence.

5. **Entrepreneurship:** Yes by doing a business plan and Canvas model.
6. **Cultural expression:** Yes all the time we talked about our culture, and also one day we cooked something traditional so in this way we shared our cooking culture.

Borzonasca, lì 31st July 2019

UNIVERSITÀ POPOLARE ANIDRA  
THE PRESIDENT

Prof. Vincenzo Paolo Bendinelli

THE MENTOR

Prof. Tobias Solomon Santi

THE TRAINEE

Prof. Sebastian Ionel Vatamanu



**Attachments:**

1. Portfolio
2. Certificates of the visits of the companies
3. Anidra evaluation
4. Letter of reference





**PORTFOLIO OF WORKSHOPS AND LABS**







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TRAINING PLAN OF Sebastian Ionel Vatamanu A.A. 2018/2019





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